



The Coaching Skills Workshop - 2nd March 2010

Who Benefits: This is a useful workshop for you to take advantage of learning the fundamental skills in order to become an effective coach. Not everyone has the opportunity or financial flexibility to pay over £1,000 for a course to become an effective coach. That's why we offer this at on £97 per person. This workshop also suits those who want to compliment and enhance their skills as a trainee or existing coach, whether in sport or business, as well as wider working environments or positions including small business owners, supervisors & managers, account managers, HR and recruitment personnel.

Objectives: The workshop enhances a individual's ability to create effective change by incorporating and enhancing his/her toolbox of coaching skills. The workshop primes you to be effective in the use and delivery of combinational skills from the differing backgrounds of coaching and NLP.

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Modules	Introduction to Coaching	Developing Your Skills	Using Different Approaches	Managing & Running a Coaching Session	Understanding The Fundamentals	Conducting a Practical Coaching Session

‘To change is to do something different. Change for the better.
Prime your people **for** personal and **business excellence**’

www.achievableoutcomes.co.uk

Minshull House, Chorlton Street, Manchester M1 3FY
w: 0845 017 9902 m: 07595 301 635 l: 0161 408 9009

e: paul@achievableoutcomes.co.uk maggie.joao@coachinglife.eu